

RED HOOK CORONAVIRUS RESOURCES

Email <u>hubcoordinator@rhicenter.org</u> to add to community updates.

DO YOUR PART NYC: STAY HOME! VISIT THE ER ONLY IF YOU ARE SEVERELY ILL. OTHERWISE YOU JEOPARDIZE THE LIVES OF OTHERS WHO ARE ILL!

NYC Guidelines have been updated: Text COVID to 692-692 for updates

All outdoor and indoor events with 50 or more people are now banned. For gatherings with 49 people or fewer, we advise facilities to remain at less than 50% capacity in order to better encourage social distancing. For more information about places of public gathering and scheduled events, contact those facilities or visit their websites.

There is now widespread community transmission of COVID-19 in New York City, meaning the sources of new infections are unknown. Everyone in New York City should act as if they have been exposed to COVID-19. That means monitoring your health closely and staying home from work if you are sick. New Yorkers who are **NOT** sick should also stay home as much as possible and avoid all unnecessary social interactions. Read more here.

Coronavirus Updates 3/25/20

** Medical Updates**

More than 6,000 mental health professionals have signed up to provide free online mental health services. New Yorkers can call the state's hotline at 1-844-863-9314 to schedule a free appointment.

Update on Testing:

You will only be tested if you are **admitted** to the hospital. Please only go to the ER if you are in distress. The CDC has a good symptom checker to figure out if you should stay home or go to the ER.

Alleraies, Asthma, and Covid 19

We are getting into allergy season. If you suffer from allergies or from asthma induced from allergies, monitor your health. Allergies will trigger asthma confusing some asthma symptoms for Coronavirus symptoms.

ONLY be concerned IF you have a new cough, that you can't explain with a good reason. Talk to your healthcare provider through online portals and have antihistamine and inhalers on hand.

HelpNowNYC: can connect New York State licensed medical professionals for potential surge staffing shifts in response to COVID-19. HelpNowNYC

New York Cares: If you are not a licensed medical professional, you can still help the COVID-19 response through New York Cares. Read More Here.

OMH Emotional Support Line: 1-844-863-9314 * The Emotional Support Line provides free and confidential support, helping callers experiencing increased anxiety due to the coronavirus

emergency. The Help Line is staffed by volunteers, including mental health professionals, who have received training in crisis counseling.

Tips for Mental Wellness (Español | 학제 | 中文 | РУССКИЙ | Kreyòl Ayisyen | 한국어를) How to cope with COVID related stress and anxiety

Loving and Protecting Ourselves: Tools for Emotional Health During COVID-19

Sat. March 28, 1-2:30pm Please <u>RSVP here</u> to receive information on how to log in. This online workshop aims to:

- Share specific skills and tools we can use to center ourselves and build emotional health as part of our larger project to #loveandprotect our communities.
- Create a safe space for New Yorkers of color to process thoughts and feelings about the public health & economic crisis we're currently facing together.

Governor Cuomo announced:

- New York City will pilot closing streets to vehicles and opening them to pedestrians as part of
 the city's plan to address the lack of adherence to social distancing protocols. As part of the
 plan, the Governor is also enacting a voluntary playground social density protocol that
 prohibits close contact sports such as basketball.
- The peak of the virus is expected in two to three weeks. Cuomo has said it will hit harder than previously estimated.

Congresswoman Nydia Velazquez: * *IMPORTANT FOR SMALL BUSINESSES* *

If you are a small business owner who needs assistance during this outbreak I encourage you to take action immediately.

- First, read this SBA fact sheet.
- Then, visit the SBA website to begin your application.
 - Applicants may also call SBA's Customer Service Center at (800) 659-2955 or email disastercustomerservice@sba.gov for more information on SBA disaster assistance.
 Individuals who are deaf or hard of hearing may call (800) 877-8339. Applications may be completed online.
 - To apply by mail, completed applications should be mailed to the U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.

Red Hook Coronavirus Resources:

Medical Care

For **medical emergencies**, call 911

For testing information call the NYC Department of Health: (888) 364-3065

The NYC DOH released: Sex and Coronavirus Disease 2019, a comprehensive guide for safe sex during the Coronvirus pandemic.

<u>Local Medical Attention if you feel stable:</u>

Addabbo Health Center (Please note there is NO testing at this site. Testing ONLY occurs at ER's, if symptomatic AND with permission from DOHMH)

Open Mon-Fri 9-5pm Pharmacy 9-3pm; Saturday 9-2pm Pharmacy Closed.

Primary care visit or Call 718-945-7150 Addabo telemedicine: https://www.addabbo.org/

ProHEALTH Urgent Care Carroll Gardens

Call 718-280-5362 330 Court St., Brooklyn, NY 11231

Medical Attention if you're in respiratory distress have a medical emergency: Call 911 or go to:

NYU Langone at Cobble Hill ER

Undocumented and uninsured accepted 83 Amity St., Brooklyn, NY 11201

NY Presbyterian Brooklyn Methodist Hospital Hotline: 646-697-9000

506 6th St., Brooklyn, NY 11215

Schools

March 17th - April 20th Citywide closure: Students, teachers and principals do not report.

New York State Tests: Cancelled

- To help students stay connected during emergencies, the DOE is lending internet-enabled iPads to support remote learning for students. If you would like to request a device for a NYC student in your family, please fill out the form here.
- **Grab-and-Go breakfast and lunch** is available from 7:30am-1:30 pm. As of today students can pick up 3 meals for the day in District 15:
 - o P.S.15 Patrick F. Daly located at 71 Sullivan St., Brooklyn, NY 11231
 - **Red Hook Neighborhood School** located at <u>27 Huntington St., Brooklyn, NY 11231</u>
 - o Other local schools in District 15: PS 124, PS 38, PS 10, PS 1
- March 23 Remote learning launches for grades K-12: DOE will support schools at all levels of readiness to deliver remote learning, and more information will be provided to families about online platforms.
 - o Remote learning portal here.

The DoE has created Regional Enrichment Centers—places where the children of front-line workers can be safely cared for while their parents continue to serve the city in this time of need.

- <u>Regional Enrichment Centers</u> are available for the children of first responders, healthcare workers, transit workers, and our most vulnerable student populations. To enroll, fill out the <u>NYCDOE Regional Enrichment Center Enrollment Form</u>.
 - Our District 15 REC for Pre-K students is the Bishop Ford Pre K Center: 500 19 Street, Brooklyn. For students in grades K through 12, the site is PS 130 The Parkside School at 70 Ocean Parkway, Brooklyn.

Get DOE-specific **Learn at Home** instructional resources in English for students in grades Pre-K through 12, including for diverse learning and students with disabilities.

Helpful Links for Families

- Get Learn at Home activities for all grades
- See Parent Teacher Conference information

• Other <u>learning resources</u>. <u>Parent resources</u>.

Additional resource: **Brooklyn Public Library** Is offering virtual programming: <u>View Events Calendar</u> and Online learning resource - use Barcode: 27777015977087 PW: 2012

Mental Health

Please take care of yourself and those around you. In this time of uncertainty, it is normal to feel scared, sad, and confused. If you are experiencing anxiety, depression, or just need some support please call **1-888-NYC-WELL or Text WELL to 65173.** Red Hook Cares is also here to help. Red Hook Initiative's Social Worker, Melanie Berkowitz, shares 5 ways to cope with this new reality. Staying at home is not safe for everyone.

- Click HERE for tips on coping with stress during COVD-19
- Click <u>HERE</u> for tips on helping children cope during an emergency
- **National Domestic Violence Hotline:** 1-800-799-7233 Avoiding public spaces and working remotely can help to reduce the spread of COVID-19, but for many survivors, staying home may not be the safest option. <u>Staying safe during COVID-19</u>.

Employment

New York State is waiving the seven-day waiting period for unemployment insurance benefits for people who are out of work due to closures or quarantines related to the Coronavirus. More info here. The US Department of Labor has compiled Workplace Safety, Wages, Hours, and Leave, and Uninsurance information relating to Coronavirus here.

Unemployment Resources - Click the Link

Due to the impact of COVID-19 on New York City's workforce, the City of New York has developed a list of resources for those who may be unemployed due to COVID-19 or are seeking additional assistance: on.nyc.gov/covid-19-services-resources. Looking to help those affected by COVID-19? Visit the Help Now NYC website and check out the COVID-19: How to Help Others page

Community Events/Centers/School Closings

Community organization closings with staff working remotely:

Red Hook Initiative: info@rhicenter.org Red Hook Community Justice Center:

PioneerWorks: info@pioneerworks.orgHousing Resource Center: joyr@nycourts.govCora Dance: info@coradance.comRed Hook CARES: dscallet@nycourts.gov

Hook Arts Media: info@hookarts.org

Food Resources

Food First Pantry

St. John's Bread and Life
165 Conover St.

98 Richards St.

Wed. 10am-1pm and Fri. 10am-12pm Friday 10:30am-11:45am

Grab-and-go breakfast and lunch is available from 7:30am-1:30 pm at the entrance of **PS 124, Ps 38, PS 15, PS 10, PS 1, PS 676**. If you need help with food, text your zipcode to **1-800-5-HUNGRY**

Public Benefits

- Skip the in-person interview and apply for SNAP benefits and cash assistance from HRA using the Access HRA app. More information in Spanish and English available here.
- Ms. Shakeena Culler, the MAP Outreach Specialist for HRA in Red Hook is available to assist applicants. Please text her at 646-584-6560 for assistance Monday-Friday 9am-5pm.

Housing

NYCHA UPDATES

Housing Court

- Effective Monday, March 16, all eviction proceedings and pending eviction orders shall be suspended statewide until further notice by the New York State Unified Court System.
- All NYCHA housing court cases at the Red Hook Community Justice Center have been administratively adjourned for 90 days. Tenants will receive a postcard and phone call when a new court date has been scheduled.
- For any questions regarding unmet NYCHA repairs or housing court, please contact
 Justice Center staff Ross Joy at 347-216-5738/joyr@nycourts.gov; or Marissa Williams at
 646-573-2329/mwilliams3@nycourts.gov.
- Red Hook NYCHA tenants may file essential applications to Judge Calabrese for landlord lockouts, serious housing code violations, and emergency repair orders by going to 141 Livingston Street. Please call Ross Joy 347-216-5738 for further instructions.

• Access for Repairs

- Effective Friday, March 20th all NYCHA maintenance and skilled trade work is suspended unless it's an emergency (this includes no heat and hot water conditions, water leaks, gas leaks, stoppages, electrical issues, other hazardous conditions).
- Tenants may continue to open NYCHA repair tickets by calling 718-707-7771 or using the MyNYCHA app.
- For all repair work, NYCHA staff will ask if anyone in the household has a fever, cough, or shortness of breath or is confirmed to have COVID-19. Any resident that answers "yes" to this question will be asked to reschedule the visit in 14 days or when everyone is feeling better by calling the Customer Contact Center or visiting MyNYCHA.
- For an emergency repair (e.g., gas/water leaks, stoppages, etc.) NYCHA staff will ask the same question. If any resident answers "yes" to this question, s/he will be asked to: (1) Remain in a separate room (where possible) with the door closed until the emergency repair is completed; or (2) Maintain at least a six-foot distance from staff until the emergency repair is completed if a separate room is not available.

• Rent Hardship

NYCHA TENANCY ADMINISTRATION: See COVID-19 State of Emergency – Rent Hardship

 As per NYCHA's existing rental hardship policy, households experiencing a loss of income may request an Interim Recertification for any decrease in income that will last more than two months by accessing the NYCHA Self-Service Portal at or requesting a paper form from your Property Management office.

- Households that experience a complete loss of income may qualify for NYCHA's zero Income policy. If a household reports zero income, they will participate in an interview with a NYCHA Housing Assistant and will complete a Zero Income Questionnaire, which can be held over the phone. Contact your local property management office (Red Hook East 718-852-6771 and Red Hook West 718-522-3880) or the Customer Contact Center at 718-707-7771.
- There will be no in-person rent collection at the management offices. Rent may be paid via one of the other available methods.

• NYCHA Administrative Hearing

- NYCHA Administrative Hearing Office at 807 Atlantic Avenue is postponing all cases for two weeks, at which time NYCHA will reevaluate the hearing schedule to determine if the postponement should be extended. Call for more information to the NYCHA Administrative Hearing Office at 718-218-1182.
- Further updates from NYCHA can be found here.

Additional Tenants Resources: Tenants Rights Hotline - 212-979-0611 (ingles y espanol) or more info.

Public Safety

Criminal Courts

- As of March 16th, 2020, the Red Hook Community Justice Center will be temporarily closed in light of the city's measures to address COVID-19. The New York State Courts postponed all non-essential court functions until further notice. All criminal court court cases will be administratively adjourned for 90 days and anyone with an upcoming court date will receive a letter with their new court date in the mail.
- o If you have questions about a criminal court case, please call 646-386-4900. If you have questions about a housing court case, please call the Clerk's Office at 718-923-8270.
- Other important phone numbers:
 - Defense Attorneys:
 - Legal Aid Society: 718-237-2000
 - Brooklyn Defender Services: 917-426-5616
 - District Attorney's Office: 718-250-2001 or 718-250-4782
 - Red Hook Community Justice Center Community Service/Social Services: 347-813-0318 or 917-860-7494
- Effective March 18th, Brooklyn DA Eric Gonzalez announced his office would immediately decline to prosecute low-level offenses that don't jeopardize public safety. In addition, his office will consider releasing clients in pre-trial detention who are vulnerable to infection.

Volunteer and Mutual Aid Information

Local Responses: Mutual Aid organizations facilitate exchange of resources and services for mutual benefit.

Corona Couriers

A collective of cyclists willing to courier supplies to people in need for free, using low contact methods. Email <u>coronacourier@protonmail.com</u>

Invisible Hands Delivery

Grocery and supply delivery; delivery is free. Website, Tweet and Hills. Volunteer to support home-bound seniors - Google Form, Tweet, Website

NYC Mutual Aid Network

Google document and Formalized Volunteer Webform

- Donate blood make an appointment
- NYC HELP NOW Healthcare Provider Surge Staffing signup form
- New York Cares Volunteer Form

Mutual Aid Organizing in the South Brooklyn community

COVID-19 Neighborhood Volunteers - Google Spreadsheet

• <u>Click here</u> for guidance on volunteer safety from Help Now NYC.

Wifi Access and Utility Information

Access FREE local Wifi - click <u>HERE</u> for locations. Email <u>redhookwifi@rhicenter.org</u> For low cost or free WiFi; resources for children at home.

Free WiFi at home:

- **Comcast** offering Essentials internet service designed for low-income families free for 60 days for new qualifying customers. Visit https://www.internetessentials.com/ for more information. Call 1-855-8-INTERNET for set up.
- **Spectrum -** households with K-12 students can get free Spectrum Wifi for 60 days (including free installation for new customers). Call 1-844-488-8395 for set up.

Free public WiFi:

- Comcast Xfinity WiFi hotspots will be available to anyone who needs them for free –
 including non-Xfinity Internet subscribers. For a map of Xfinity WiFi hotspots, visit
 www.xfinity.com/wifi.
- **AT&T** AT&T is also providing free access to its public WiFi hotspots. Look for "att-wifi" or "attwifi" in the list of available wireless networks from your smartphone or laptop.

Wifi via smartphone:

- Metro PCS, T-Mobile, Sprint, AT&T and Comcast are all lifting their unlimited data caps for cell phone subscribers for at least 60 days. Contact your cell phone provider for more information.
- MetroPCS will allow you to add a free 10GB of mobile hotspot per month by adding an
 add-on service available in the MyMetro app, MyAccount or by calling Care at 611. T-Mobile
 and Metro by T-Mobile are providing customers an additional 20GB of mobile
 hotspot/tethering service for the next 60 days coming soon.

Additional Updates

Income tax filing deadline moved to July 15th from April 15th.

Read more about filing your income taxes here.

All bars, nightclubs and restaurants will be closed: Restaurants continue delivery & take-out services. NYC United Against Coronavirus: Resources and Information has compiled a comprehensive <u>list of materials</u>.

One Month Free Storage at U-Haul Self-Storage Locations: Need extra space after your move? Find a local <u>U-Haul</u> or affiliate location to store your belongings.

Coronavirus Financial Impact Loan Program: The Coronavirus Financial Impact Loan Program provides interest-free loans of \$2,000-\$5,000 to residents of New York City's five boroughs,

Westchester, or Long Island who are facing financial challenges caused by the Coronavirus outbreak. <u>Find out more!</u>

Parking updates

Alternate side parking will be suspended for another seven days through Tuesday, March 31.